

## Biderman's Chart of Coercion as Applied to Covid-19

In 1956 the psychologist Albert Biderman developed a framework for understanding the methods foreign armies used to extract false confessions from prisoners of war. Psychologists now believe that abusers in many different situations use the same methods to achieve control over their victims. This is Biderman's Chart as applied to how governments are using the same tactics in this fake pandemic to control the public.

| METHOD   | EFFECT AND PURPOSE  | VARIANTS  |
|--|---|---|
| <b>Isolation</b>                                     | <ul style="list-style-type: none"> <li>deprive victims of social support</li> <li>forces focus on self</li> <li>increases time and resources spent on dependents</li> </ul> | <ul style="list-style-type: none"> <li>no gatherings</li> <li>social distancing</li> <li>masks</li> <li>school closures</li> </ul>  |
| <b>Monopolization of Perception</b>                  | <ul style="list-style-type: none"> <li>control of information</li> <li>manufactured case-demic pushed as 'science'.</li> </ul>  | <ul style="list-style-type: none"> <li>control the media</li> <li> censorship</li> <li>discredit anti-narrative</li> <li>portray resisters as dangerous or deviant</li> </ul>   |
| <b>Chastisement</b><br>(Humiliation and Degradation) | <ul style="list-style-type: none"> <li>reinforces isolation</li> <li>plays on need for acceptance</li> </ul>  | <ul style="list-style-type: none"> <li>social ostracization</li> <li>threat of job loss</li> <li>government announcements</li> <li>if you don't comply you're a 'bad person'</li> </ul>   |
| <b>Exhaustion</b>                                    | <ul style="list-style-type: none"> <li>weakens ability to resist</li> <li>encourages compliance in return for social acceptance</li> </ul>                                  | <ul style="list-style-type: none"> <li>continued lockdowns, masks, isolation, threats, etc.</li> </ul>  |
| <b>Threats</b>                                       | <ul style="list-style-type: none"> <li>creates anxiety</li> <li>encourages focus on self</li> </ul>   | <ul style="list-style-type: none"> <li>tickets, fines, imprisonment, restriction of rights such as travel, shopping</li> <li>recruitment of business owners as enforcement</li> <li>recruitment of school authorities as enforcement</li> <li>neighbors reporting on neighbors</li> </ul> |
| <b>Occasional Indulgences</b>                        | <ul style="list-style-type: none"> <li>held out as a reward for compliance</li> <li>gives false hope</li> <li>weakens resistance</li> </ul>                                 | <ul style="list-style-type: none"> <li>temporary relaxations of rules</li> <li>illusory relaxation of rules</li> </ul>  |
| <b>Demonstrating Power</b>                           | <ul style="list-style-type: none"> <li>creates anxiety</li> <li>encourages focus on self</li> </ul>   | <ul style="list-style-type: none"> <li>tickets, fines, imprisonment, restriction of rights such as travel and shopping, mandatory testing, mandatory vaccines, closing schools and businesses</li> </ul>  |
| <b>Forcing Trivial or Nonsensical Demands</b>        | <ul style="list-style-type: none"> <li>reinforces habit of compliance</li> <li>encourages mindless obedience</li> </ul>   | <ul style="list-style-type: none"> <li>double masks</li> <li>social distancing</li> <li>nonsensical gathering limitations</li> </ul>  |